

Tlicho Government
Wellness/Social Programs/CART
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The Tlicho Government and a number of departments and organizations met to discuss issues, priorities, strategic planning and development of the Tlicho Wellness Planning Workplan for fiscal year 2013-14.

With the assistance of community professionals and the direction of the Tlicho Government, we have identified these key priorities throughout the Tlicho region:

- 1. Youth
- 2. Communication
- 3. Training, Workshops, and Activities
- 4. Culture Based Programs
- 5. Community Infrastructure





Community Connectedness

Community activities
On-the-land activities
Workshops & Youth Conferences
Youth camps
Ceremonies/celebrations
School funded activities

Culture/Traditions

Cultural teachings passed on to the next generation

Traditional handgames strong in youth

Tlicho language slowly revitalizing through immersion programs and language courses

Where are we now?

Healthy Living

Condom Distribution
FASD Awareness
Prenatal Program
Traditional Medicine
Disease Prevention Resources
Prevention & Awareness Sessions
Information Booths
Video Resources

Wellness

Suicide Awareness/Prevention
Anti-Bullying

Men Kaat'e Group

Out Reach Van

Victim's services



Community Connectedness

Interactive with others Supportive of one another Communicative Open minded Pro-active Sustainable programming

Healthy Living

Promote physical activity **Healthy Eating Stress Management Prevention & Awareness** Cleaner environment

Culture/ Traditions

More Tlicho Being spoken **More Craft Activities** More Festivals More on The Land Trips **Intergenerational Activities** Pride in our culture

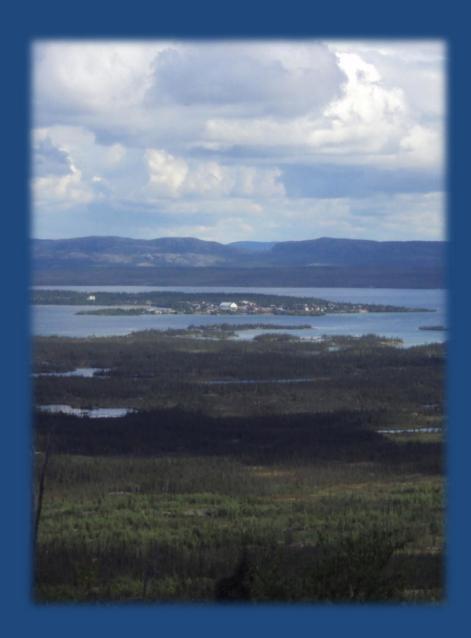
Where we want to be

Wellness

Long Term Wellness Programs Consistent to meet the needs of everyone

Priorities for the region

- Regain community involvement & participation
- Build stronger communication between communities
- Network with organizations to pursue similar goals and objectives
- Bridge intergenerational gap between elders and youth
- Foster Tlicho culture by incorporating Tlicho practices in programs and services
- Build capacity by utilizing local resources
- Work together to build a healthier community
- Seek additional funding sources for specific programming
- Create awareness programs on mental health
- Support and encourage on-the-land programs with focuses on healing, enhancing culture and traditions and spirituality/respect





CULTURAL TEACHINGS

- Traditional knowledge transfer
 - Caribou hide scrapping
 - Dry meat making
 - Dry fish making
 - Sewing and crafts
 - Hunting & Fishing





	1 st	APRIL	MAY	JUNE
ı	Quar ter	April 2-12, 2013 Reporting/New fiscal year work plan development April 21-26, 2013 Community tour Victim Services CART/HWAC	Appreciation & Recognition to Mother's Day CART/HWAC Appreciation Month HWAC Meeting - May 13-17/13 - Training Breaking the Silence	School & Community Visits (Regionally) - Mini Surveys Breaking the Silence Aboriginal Day June 21/13 Father's Day
			Aboriginal Awareness Week May 19-25, 2013	
	2 nd Quarter	JULY	AUGUST	SEPTEMBER
	(uai tei	Tse Whii Tse Daa Camp HWAC Meeting - July 8-12, 2013 (WhaTi)	CART Info Tent at Annual Gathering (Behchoko) Self Esteem Workshop	HWAC Meeting - September 9-13, 2013 (Gameti) On the land Camp/Fall hunt
ı		Fish Camp (tentative) - Media Team Breaking the Silence	CART Resource kits Parenting Workshops	Take Back the Night FASD Day September 9, 2013
				Suicide Prevention Day September 10, 2013
	3 rd	OCTOBER	NOVEMBER	DECEMBER
)uarter	Family Violence Awareness Week School/Community Visits (Regional) Breaking the Silence DVD Launch	HWAC Meeting - November 4-8, 2013 (YK) Weekend Outreach Van	Safe House (tentative) Violence against women memorial day Parenting workshop
	4 th Quarter	JANUARY	FEBRUARY	MARCH
	(darter -	Annual Tlicho Youth Conference HWAC Meeting - January 13-17, 2013 (Behchoko)	CART – Self Care - Healing Workshops - Annual Leave - On the Land Workshop	HWAC Meeting - March ?, 2013 - Year End Reporting

Masi Cho! Tlicho Government Community Action Research Team

