Self-Perceived Health
IN THE NORTHWEST TERRITORIES

What does self-perceived health mean?
Self-perceived health refers to the perception of a person’s health in general. Health means not only the absence of disease or injury but also physical, mental and social well-being.

IN 2014, 51% of people in the NWT over the age of 15 reported very good or excellent self-perceived health.

SELF-PERCEIVED HEALTH BY

YEAR

AGE

LOCATION

NWT

51% vs. CANADA

59%

ETHNICITY

Non-Aboriginal 62%

Aboriginal 40%

HOUSEHOLD INCOME

<50,000 34%

$50,000 to $99,000 41%

$100,000+ 64%

SEX

Males 52%

Females 51%

INDICATOR SOURCE: 2014 Canadian Community Health Survey, Statistics Canada prepared by the NWT Bureau of Statistics. INDICATOR DEFINITION: The self-perceived health indicator is the proportion of individuals over the age of 15 who reported perceiving their own health status as being either very good or excellent in 2014.