



Self-Perceived Mental Health IN THE NORTHWEST TERRITORIES

What does self-perceived mental health mean?

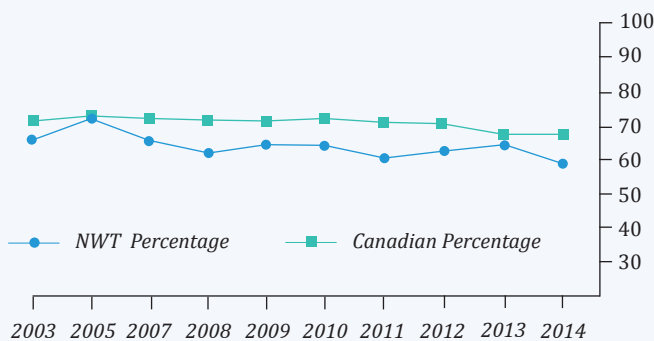
Self-perceived mental health refers to the perception of a person's mental health in general. Self-perceived mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in perceived health.

IN 2014,
59%

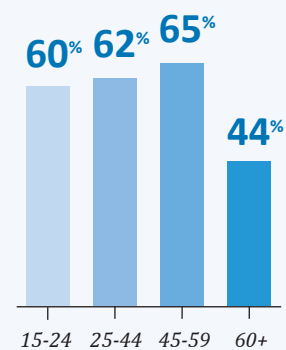
of people in the NWT over the age of 15 reported very good or excellent self-perceived mental health.

SELF-PERCEIVED MENTAL HEALTH BY

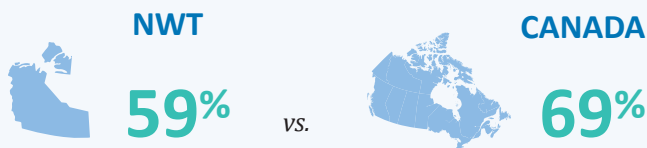
YEAR



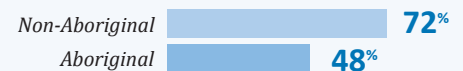
AGE



LOCATION



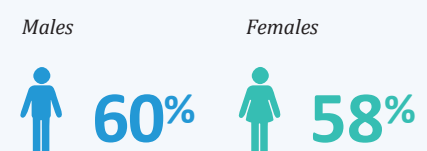
ETHNICITY



HOUSEHOLD INCOME



SEX



INDICATOR SOURCE: 2014 Canadian Community Health Survey, Statistics Canada prepared by the NWT Bureau of Statistics. INDICATOR DEFINITION: The life satisfaction indicator is the proportion of individuals over the age of 15 who reported being either 'Satisfied' or 'Very Satisfied' with their lives.