



## Elizabeth Brahman (Hay River)



### **Please tell us about yourself and how you became a Personal Support Worker (PSW).**

“I am a 52 year old mother and grandmother. I was in the insurance industry for over 20 years. I became a PSW after taking care of my husband who passed away from cancer. I attended New Brunswick Community College and graduated from the PSW Acute Care in 2016. Before moving to Hay River, I worked in Home Care.”

### **What do you enjoy most about your job?**

“I currently work as a Long Term Care Aide for Hay River Health and Social Services Authority at Woodland Manor. The most rewarding part of my job is doing palliative care. I feel with my past life experiences I have a lot to offer to family members in their loved one’s final days.”

### **What do you enjoy most about your job?**

“The day in the life of a PSW is both fulfilling and rewarding. Duties often include helping residents with meals, individual one-on-one time, group activities, music and movies. A major role of this job is talking to residents and listening to their stories. I never would have realized how rewarding this position is to me. I love it.”