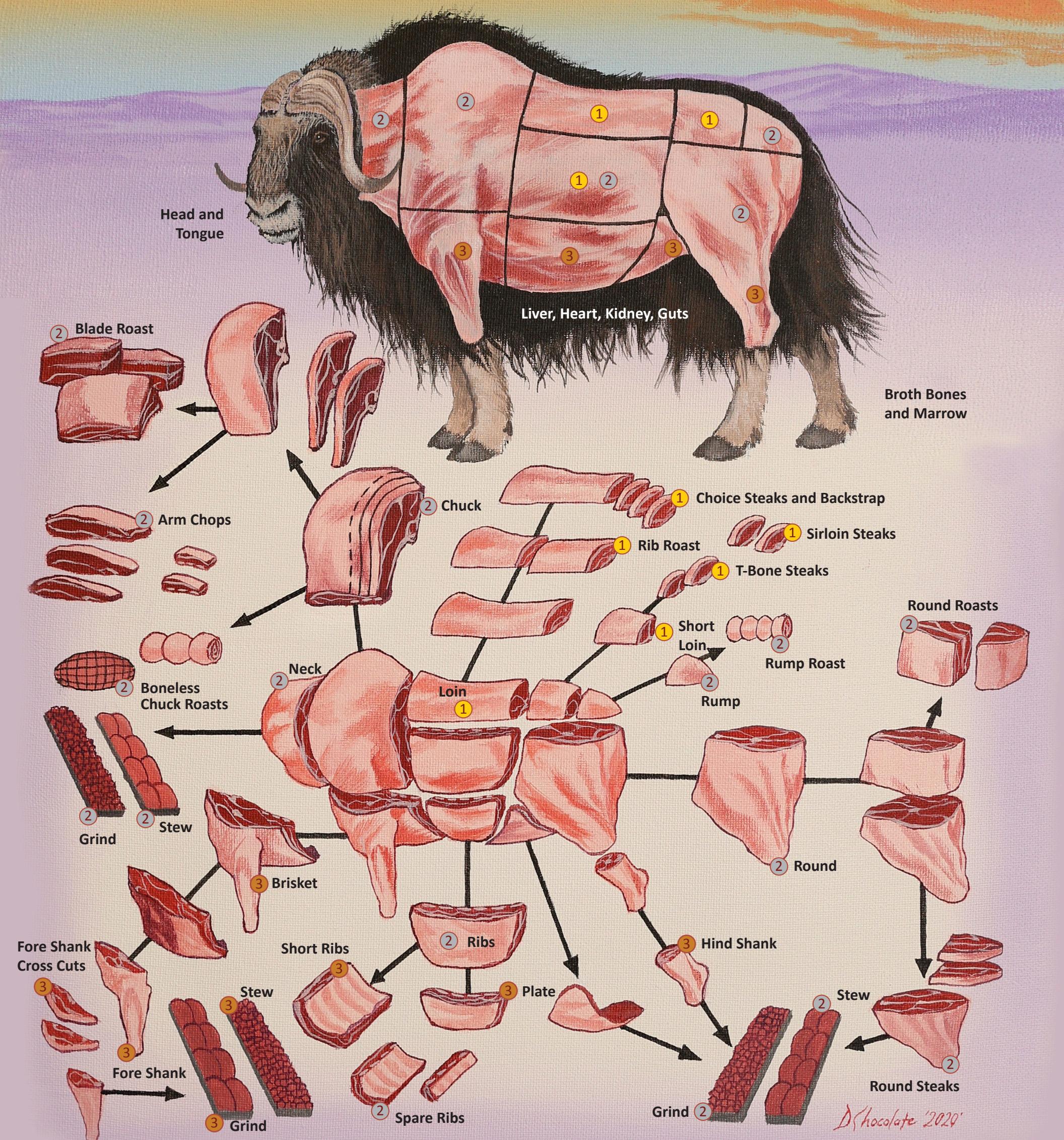


# Muskox Meat Chart



## HEAD

Slow roast in oven or simmer until tender