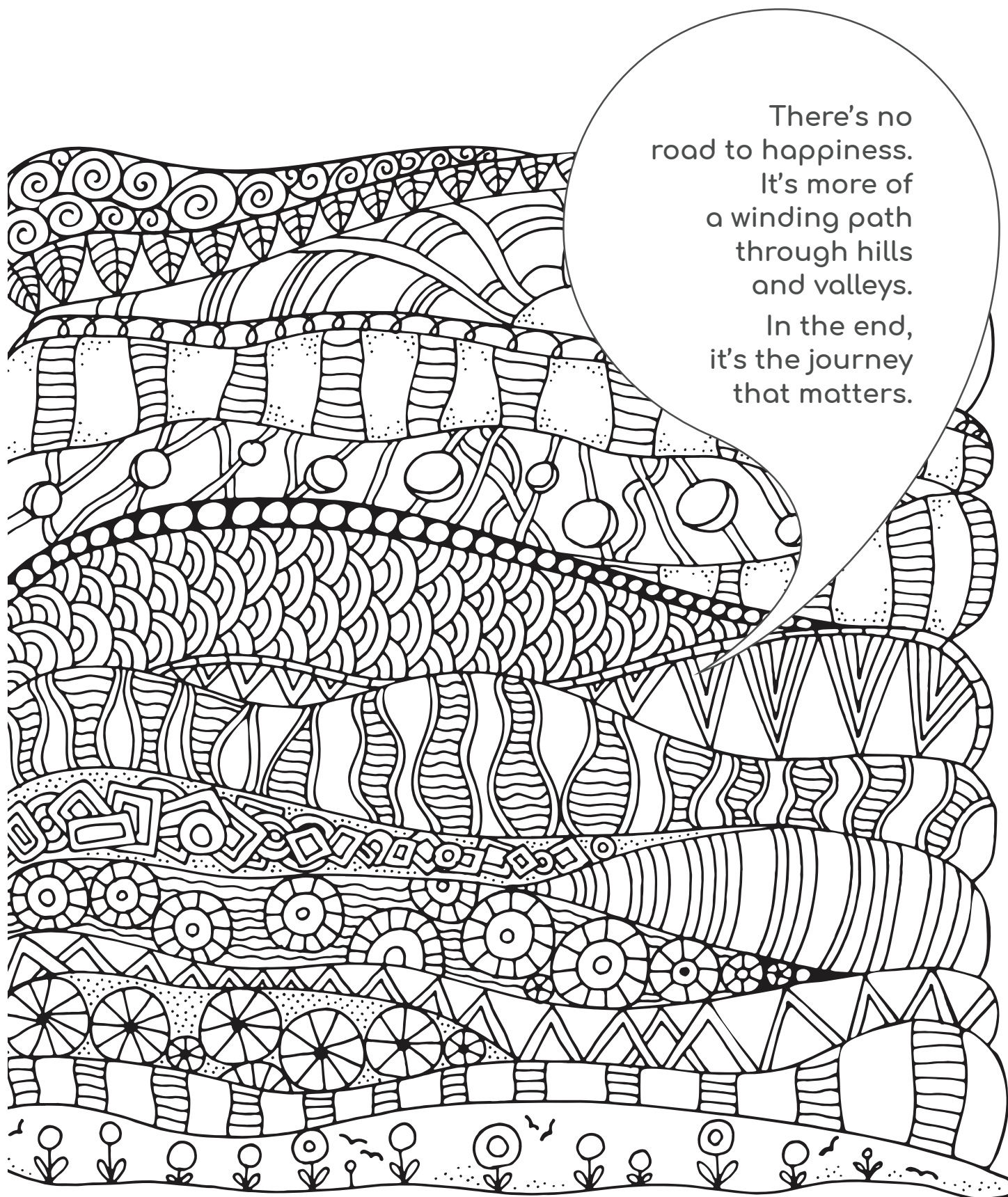





It's OK to
feel bad
sometimes



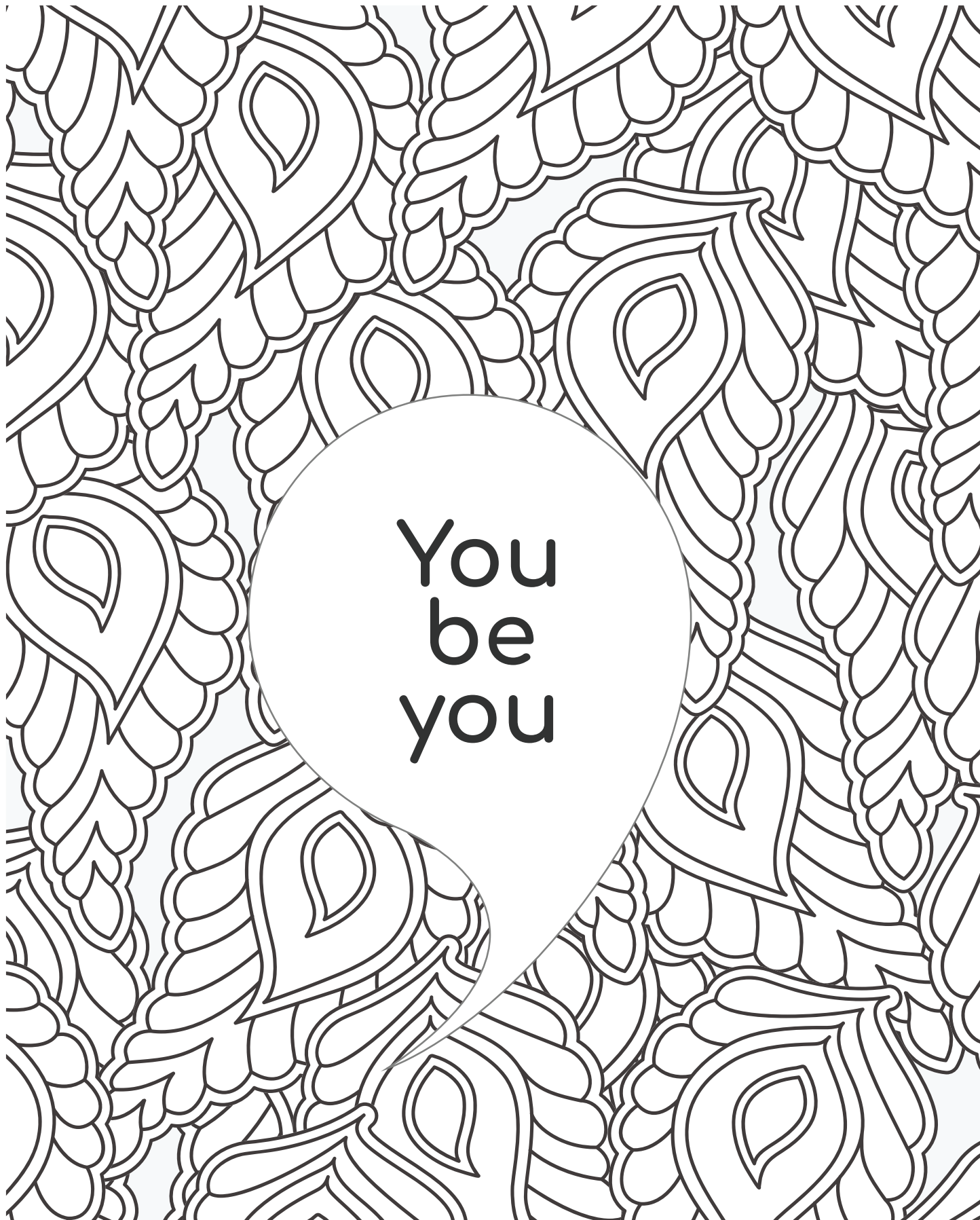
There's no
road to happiness.

It's more of
a winding path
through hills
and valleys.


In the end,
it's the journey
that matters.



There's the
easy way
and the
right way.



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LE VOIX NON **CHOIX**

STRATÉGIES D'ADAPTATION SAINES

I