

daaktiliqinik munaqhilikiniklu kia atuqtaaqpauk?

Inuup daaktiliqidjutait munaqhiliqidjutaitlu titiqiuqhimayut naunaitkutaitlu, kinaliqaak inuk uvaani ataani naunaiyaqtauhimayuq daaktimit munaqhimitluuniit tauquuqtautaatqutuq:

- inuk 19nik ukiuqtaqtuq imaaluniit angayukhiqlu 19min;
- daaktimit munaqhimitlu taukuuqtauyumayuq inuuhaaq 19guqhimangituq inmikkut ihumaliuqtaaqtuq;
- takuuqtauyup munaqtiat ilaitluunit 19guqhimaitpat ihumaliugakhungitpat ihumaliurutitaatqaa;
- inuuk takuuqtauyuq huiqpat inmkut , nunagiyaalu nanmigyaanik munaqtiat, aipaaluuniit ilaaluuniit;
- takuuqtauyup munaqtiat, angiqtauhimayuq munaqtikhaq nunamik hunavalungnkluunit nanminiqtaaqaqpata, imalaunuut uqaqtitaatauliraangata inuit uqaqtiaqqaqpaktut havaaqaqtun uqaqtitaangnikkut taimaatuaq uvaani piqaqtuq;
- inuk taakuuqtauyup ikaayuqtia angiriiqhimaya ikayuqtikhani imalaunuut inuk nuanaiyaqhimayaa ikayuqtikhani;
- taakuuqtauyup ikayuqtikhani naunayariqhimaya titiqiuqhimaplugu ihumaa nakuulaktilugu.

ilittuuriitiarumaguvit ahaigu appiqhuutiqaruvitlu...

HAI mi naunayaqtauhimayuq daaktitlu munaqhilitlu inuuhiringnikkut havaktiitlu qanuriliuruuhikhainik naunaitkutalik maligakhainik inuuhiringnikkut katikhiniq, avanmut atungnialu havaktini titiquqhimayuni, Inuuhiringniup Maligakhaa, Katitiriniup ilihimania, atungnialu hiamicinalialu uqarvigiyauguvit.

HIA mi pitquhikhait naunaitkutainni ilihimatiarumaguvit appiqhuutiqaruvitluuniit una hivaayarlugu , qaritauyakkutluunit titiraqvigilu:

Inuuhiringniup Hiamitailin'ngatta Atan'nguyaqpaaq

Inuuhiringniq Ikaayungniaqtitlu Auladjutainni
Havayautaa: 867 - 767 - 9052
Qaritauyakkut titirarvia: hia@gov.nt.ca
Qaritauyarringmi Takuurvik: www.hss.gov.nt.ca

HIA ataani



inuuhiringniup ilittuqhiungniit katitiqtaulimaitut, atuqtaulimaitut, avanmutlu atualinmiaitut havaktini tahapkuat inuuhirniup ilittuqhiungniit inungmut atalimaitut atuataaqpata.

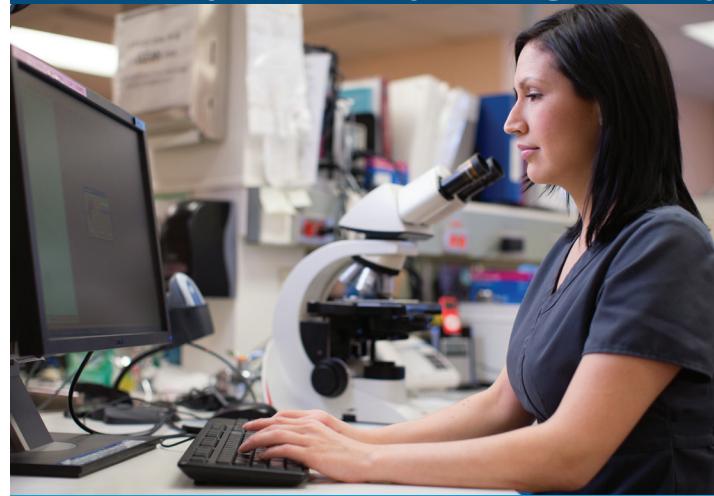


Inuuhiringniup mikhaagut havaaqaqtut inuuhiringniup ilittuqhiungniit, kattitingniit avanmutlu atungningit mikinikhaanut atuqtakhagiyait.

If you would like this information in another official language, contact us at (867) 767-9052, ext. 49045.
Hamna uqauhiit angiqtauhimayut uqauhiini piyumagungni, hivayarlutta uvvaani (867) 767- 9052, ilagilugu 49045.

Inuinnaqtun

Inuuhiringniq Ilihimadjuhikhaq Maligakhaq



Inuuup Inuuhiringniata Idjuhiit Hiamitailinia Munarinalu



Northwest Territories Health and Social Services

July 2015
www.hss.gov.nt.ca

Hapkuat inuhiringniit idjuhiinnik katittirniit, atungniilu avanmutlu Gavamatkut munaritiaqpkait hiamittialipkaqhugit ahinut. Ilingnit inuhiringniup mikhagut katittirkpata tahamna katittingnia ahinut hiamittailinia ilvit piutigiyat ahinnut uqariayuyukhaungtuaq. Kihimi aanniaqtalidjutikhangnut ikayutauniaqpat munaqhitlu dakditlu avanmut tahamna atuqtaaqtaat.

Inuhiringniup Ilihimadjutikhat Maligakhaat (HIA) imaa nalaumadjutauvaktuq munarinianut inuhiringniup katittingniatigut munaqhitlu nakuuniqhaanut atungnia ikayutauniaqpat munaqhitlu.

Qanuq HIA katittiqhimaniit inuhiringnipkut munarivakpauk?

HIA aulauniqaqtuq Nunattiap Gavamanganni Inuhiringningmi Ikayungniaqtinilu; Inuhiringningmi Ikayungniaqtini Munaqtiini; Munaqhitlu daaktitlu inmikkut havaaqaqtut, uyaraqhiurvingnilu aanniarlittukkut katimayiit ilagipligut; havauhiliqqiyiitlu.

HIA hapkuninnga munaqhvaktuq hiamittailipligut, daaktiliarutitit munaqhiliarutitit titiqqat, timingni adjiliungiit, qaritauyakkutlu titiqqiuqhimayut, uqauhitit, havautituuhiuutinlu, munaqhiliaruhiutlu daaktiliaruhiutinlu, daaktiliarutikhangniklu hannaqhvaktut.

HIA hivunniurutikaqaqtuq inuhiringniup auladjuhiinni inuhiringniutit munaritiaqblugit hiamiktiquagitlu ahinut. Naunaitkutaupluni qanuq tahamna ilittuqhiungninga katittitaughimayuq daaktinut munaqhitlu atuqtauyukhaq. Munaqhidjuhikhaliuqhugit ilittuqhiurutitit daktitlu munaqhitlu atugakhainnatik atuqtittutgit avanmut.

Ukuat munaqhidjutikhat immaa ittu:

- tahapkuanginnait daaktitlu munaqhitlu tahapkuninga titiqanik pittaqaqtut;
- ilittuqhiurutitit tutqumaviin qaritauyarmi munariyuaniqaqhutik qaritauyakkut, kayumikuuqtaqtumilu, qaritauyamilu iliuraruttianik;
- qaritauyangmilu inuhiringniup ilittuqhiurutitit tutqumaviit munariyuaniqaqtuq immalu mikiyunuut tahapkuan tutqumaviit qaritauyami atuqpaktaat nuutirilirangatta titiqanik;

- aanniaqtup ilittuqhiurutaittauq ilitarnaiyaqhugit pivaliqtut ima tamna aanniaqtuq inuk aanniarutaa titirangmi aulaniqaqunagu inungmun. Udjiqqut, atuqtaunahuaqpat ilittuqhiuqtuni immaalauniit inuhiringniup hulidjuhiitaa hanaiyaqhinahuaqpat;
- inuup inuhiringniup ilittuqhiurutiat tutqumaviqaqtitauyut munarittiingningmi, tutqumaviqaqhitik; immaalu
- ahinut hiamittakaunngittut unipkaanginni, ihivriurutainnilu, imaaalu qanuriliurutikhait maliktakhatik.

Inuhiringnikkut havaktiit, munaqhitlu daaktitlu qanuruliuqtukhauvat haavaktamingni?

HIA maligakhainni, inuhiringnikkut havaktiit, munaqhitlu daaktitlu imailiuqtukhat:

- tahamna inuhiringnivit ilittuqhiurniit munaqhitlu daaktitlu ilihimapqaqtakhariyat qanuq katittitaudjuhikhainik, atuqtautilaanginiklu, avanmutlu atuqtaunginiklu;
- Munaqhidjutikhainik hanaiqhimayukhat ilvit inuhiringnikkut ilittuqhiurutait munariyauittiaqblugit;
- ilihimapkaqlutit aalaanut hiamitaukpatta;
- adjiliurumagupkit inuhiriuniup ilittuqhiurutitit ihuinnaaqhimaniit ihuaqharumagungni imaaaluunniit appiqhuutiqaruvitluuniit HIAkut ikaayuqtaudjuhikhangnik uingaiyangniaqtaat kimutluaq hivaniqtakhangnik;
- inuhiringniup ilittuqhiurutitit mikiniqhaaqpianganik atuqtauniqaqtipaktaat ihivriurutitit nakuunikhanganut aulaniqaqblugu.

Inuhiringniup iluttuqhiurninga hunauva?

Inuhiriungniup ilittuqhiurutitit timingni ihumangnilu qanuritlanganik ilingnut aulaayuq, naunaitkutagiayat. Hapkunninga piqaqtuq:

- aanniarvilaiqtautit kihidjutaata naunaitkut;
- ihivriurutitit munaqhimit daaktimitlu tittiqangit;
- ihivriurutitit iniqtaungmataa naunaitkutait;
- tahamna ilittuqhiutaqtik katitiningnia imma atuqtauvaktuq, hulilukaarutikhait auladjutkhaitlu auladjutikhainik, titiqurvikhainutlu;
- akiligakhat naunaitkutikhait akiliqtuutaitlu.

Ilihimayakhatka pitquhikhatka hunauvat?

HIAkut hapkuninga tunivaktaatit ilihimayakhangniq inuhiringnikkut:

- inuhiringnikkut ilittuqhiurutitit katitiqtaunningit atungniitlu ilvit qanutilaaq katitiqtauningit hivitutilaanga atuqtauningalu ihumangnut ihuaqhitaat;
- angirutit ilittuqhiurunni taimaqtitumagungni angirut piqtaaqtat, unaluuniit inuhiringnivit idjuhia avanmut ataungnia taimaaqtumagungni taimaaqtitaaqtat;
- ilihimapkaqtitauyukhauvitut inuhiringnivit idjuhiait katitingniit autuqtauninginik;
- Ilvittauq inuhiringnikkut idjuhiait ihivriurutitlu munaqhimit daaktimitlu piyumagupkit pitaqaqtat;
- Ilvittauq inuhiringnikkut idjuhiait ihivriurutitlu munaqhimit daaktimitlu aallangurumagupkit aallanguqtinariaqqaqtat;
- Ilvittauq inuhiringnikkut idjuhiait ihivriurutitlu munaqhimit daaktimitlu aallamut inungmut munaqhinia qanuriliuruhikhaalu tunitaaqtatq angirigni.