ASSESSMENT REQUIREMENTS CHECKLIST

When conducting an assessment of the client, the following information must be collected and documented:

Client Information

- ❒ Marital status (single, in a relationship, common-law, married, separated, divorced, widowed)
- ❒ Employment (employed, unemployed, self-employed, social-assistance, student, retired/pensioner, other)
- ❒ Living arrangements (alone, with extended family, with family unit, with friends, with roommates, group home, board/lodging, other)
- ❒ Whether the client has children (with age and gender for each child and whether or not the children are living with the parent)
- ❒ Medications, medical issues or allergies (if applicable)
- ❒ Legal issues
- ❒ Substance abuse or addictions issues
- ❒ Emergency contact information

Presenting Problem

- ❒ What is the presenting problem
- ❒ Identify triggers

Supports

- ❒ Strengths (what is going well)
- ❒ Identify family, friends or other important people

Other

- ❒ Biopsychosocial factors

History

- ❐ Family history
- ❐ Previous counselling/treatment placements
- ❐ Medical and/or mental health history, including diagnosis and psychiatric involvement
- ❐ What have you tried? What worked/didn't work?