## **CLINICAL SUPERVISION**

CCP Staff will access clinical supervision on a regular basis.

## REFERENCE

Pathways to Wellness: An Updated Action Plan for Addictions and Mental Health 2014-2016

PURPOSE

- To promote professional development.
- To promote the development of skills and competencies.
- To maintain accountability in CCP services.
- To maintain current professional and academic knowledge relevant to the field of service.
- To provide the best possible service to clients.
- To promote proper work life balance.

## PROCEDURE

- 1. Meet with clinical supervisor at least once a month for the purpose of clinical supervision. Some topics of discussion may include:
  - Professional development opportunities
  - Developing competencies in a new service
  - Discuss current professional knowledge and best practices
  - Maintenance of competencies through continued education, consultations or procedures
- 2. Consult clinical supervisor in the management of complex or difficult cases or when problems arise.
- 3. Document any consultations about specific clients in the client's file.
- 4. Review caseload with clinical supervisor on a routine basis in order to monitor wait lists, as well as avoid practitioner burn out.

NOTE: If or video recordings will be made of any counselling sessions for the purposes of clinical supervision please refer to the Recording Devices Standard

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NOTE: In cases where clinical supervision is being received from an third party outside of the HSSA please also refer to the External Clinical Supervision Standard.

## FORMS • None TOOLS

• None

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