

Facility-Based Addictions Treatment Program Aftercare Services

Facility	Population Served	Aftercare Services Available
<b>Aventa Centre of Excellence for Women</b> (403) 245-9050	Female	<ul style="list-style-type: none"><li>3-month continuing care program offered weekly and is a counsellor-led support group (via zoom).</li></ul>
<b>Cedars Recovery</b> (250) 733-2006	Co-ed	<p>All service-user’s who complete or are supportive transitioned from programming at Cedars can receive one year follow-up care which provides:</p> <ul style="list-style-type: none"><li>Daily virtual (online) mutual aid support groups (peer lead).</li><li>On-on-one sessions with their Recovery Coach who they meet with while at Cedars.</li><li>Access to a clinical counsellor as needed.</li><li>Three facilitated groups each week.</li><li>Monthly recovery milestone celebrations (via zoom).</li></ul> <p>Cedars will do assessments at one, three, six, nine, and twelve-month marks.</p>
<b>Fresh Start Recovery Centre</b> (403) 387-6266	Male	<ul style="list-style-type: none"><li>Access to online alumni association meetings every Wednesday (no time limit on participation).</li><li>Access to an outreach counsellor to connect with when support is needed.</li></ul>
<b>Renascent</b> (866) 232-1212	Male facility Female facility	<ul style="list-style-type: none"><li>Offers a continuing care program virtually to anyone who has completed treatment.</li><li>Consists of 26 group sessions and individual sessions delivered over 26 weeks.</li></ul>
<b>Sunrise Healing Lodge</b> (403) 261-7921	Co-ed	<ul style="list-style-type: none"><li>Sunrise offers a follow-up call program where clients are contacted four times by Sunrise staff during the first-year post-treatment.</li></ul>
<b>Thorpe Recovery Centre</b> (877) 875-8890	Co-ed	<ul style="list-style-type: none"><li>Offer unlimited, online peer support groups, facilitated by a Thorpe Counsellor twice a week for alumni.</li></ul>