Government of Northwest Territories

NWT Office of the Chief Public Health Officer

Interim OUTBREAK Public Health Management of Covid-19 Exposures/Symptoms

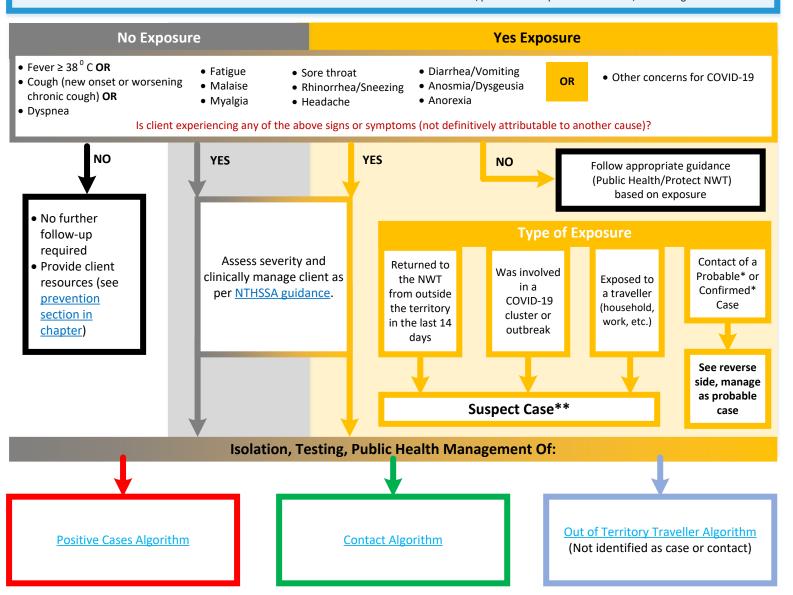
For regular guidance outside an outbreak please refer to non-outbreak algorithm

Exposure Criteria

In the last 14 days a person is/has:

- A contact of a probable* or confirmed* case; OR
- Returned to the NWT from outside the territory; OR
- Exposure to travellers (household, work, etc.); **OR**
- Was involved in a COVID-19 cluster or outbreak; **OR**
- A laboratory exposure to biological material known to contain COVID-19

*see reverse for confirmed, probable or suspect case definition, and management of contacts





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Positive Cases Algorithm (Case definitions found in Non-Outbreak Algorithm)

Must isolate in place while COVID positive

NOTE: Cases who are immunosuppressed must isolate for full 10 days (or longer if symptoms have not resolved or severe illness)

Symptoms

No Symptoms

Fully Vaccinated

- Isolate in place for 10 full 24hr periods from symptom
- Discontinue by HCP if symptoms improve and no fever (last 24hrs)
- Isolate in place for 10 full 24hr periods from test date
- No early discontinuation of isolation allowed report to **ProtectNWT**
- Isolate in place for 5 full 24hr periods from symptom onset or test date (which ever comes last)
- Test Day 6 (RAT) If symptoms improve and no fever (last 24 hrs)
- Isolate in place for 5 full 24hr periods from test date
- Test Day 6 (RAT)

MASK - for early discontinuation of isolation case/ contact must follow federal

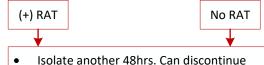
guidance.

Discontinue Isolation **Fully Vaccinated**

(-) RAT* Case can discontinue by reporting to

5 more days

PNWT wear mask for



- isolation by reporting to ProtectNWT on day 8
- Mask for remaining 3 days

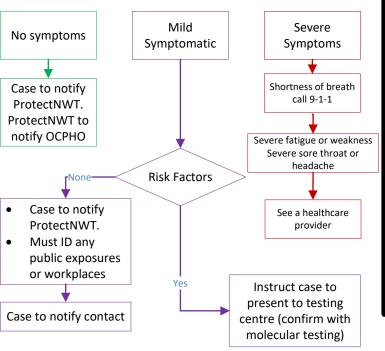
*Cases who wish to end isolation early must take a RAT to determine if case is still infectious/ communicable. If (-) RAT person is considered no longer communicable and can discontinue isolation on Day 6

REPORTING: MUST REPORT ALL CASES TO OCPHO 867-920-8646

Day 6 Test

RATs (Rapid Antigen Tests) Resulting in (+) Cases

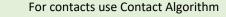
Case to complete Self-Assessment Tool for Testing



Type of Test **RAT Testing** IDNOW/PCR Results Molecular Results Case to notify Testing site to **ProtectNWT** report to OCPHO ProtectNWT to notify OCPHO

High Risk Factors for Severe Outcomes

- Not fully vaccinated (less than two doses of vaccine)
- Younger than 5 years
- Older than 60 years
- Pregnant
- Received an organ transplant
- Undergoing cancer treatment
- Taking immune suppressing drugs (see note on top of page)
- Taking heart or lung disease medicine every day
- Diagnosed with severe kidney or liver disease
- Suffering from dementia or have had a stroke
- Diabetic
- Obese (Body Mass Index more than 40)



Household Close

Contact* Algorithm

*Refer to Non-Outbreak Algorithm to determine who is a contact

Non-Close Contacts

- Follow guidance on exposure website
- Self-monitor for symptoms and seek testing if become symptomatic
- Use <u>self-assessment tool for testing</u> and individual to call ProtectNWT if they have a positive at-home test result (RAT)

Close Contacts

- Isolate for a max of 10 days from case's positive test or from case's symptom onset whichever is later.
- Must isolate in place and should not access isolation centre or hotel for isolation period.
- Contacts must have IDNOW day 10 exit test and isolation must be discontinued by a HCP

Fully Vaccinated with a Booster

Isolate 72hrs from last exposure monitor for symptoms

(+) Symptoms Test 72hrs from exposure

Positive Test

- Remain in isolation
- FollowPositiveCasesAlgorithm
- See reporting below

Negative Test

- Remain in isolation Repeat RAT in 48hrs if (-) again may discontinue isolation once no symptoms/ no fever in last 24hrs
- Mask for 5
 more days
- If symptoms develop isolate and arrange for testing

NO Symptoms**

- Test negative
 72 hours from exposure
- If negative discontinue isolation and mask for remaining 7 days
- If symptoms develop isolate and arrange for testing
- **IDNOW test required to release safely from isolation. If testing demand exceeds ability to test with IDNOW then a further 48hrs and if no symptoms can discontinue on day 6 and wear a mask for further 5 days

Fully Vaccinated NO Booster or Non Fully Vaccinated

Isolate for 5 full 24hr periods from last exposure

- (+) Symptoms
- Continue to isolate and test immediately

Positive Test

- Remain in isolation
- FollowPositiveCasesAlgorithm
- See reporting below

Negative Test

- Remain in isolation Repeat RAT in 48hrs if (-) again discontinue isolation once no symptoms/ no fever in
- last 24hrsMask for3 more days
- If symptoms develop isolate and arrange for testing

NO Symptoms***

Test day 6 IDNOW

Positive Test

- Remain in Isolation
- Positive
 Cases
 Algorithm
- See reporting below

Negative Test

- Discontinue isolation
- Mask for5 more days
- If symptoms develop isolate and arrange for testing
- ***IDNOW test require if no test then isolate a further 48hrs and if no symptoms can discontinue on day 8 and wear a mask for 3 days

MASK – for early discontinuation of isolation case/contact must follow federal guidance.



Reporting: RAT= Case to ProtectNWT

IDNOW/PCR= HCP to OCPHO

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Out of Territory Traveller Testing Algorithm			
Not Fully Vaccinated*		Fully Vaccinated	
 Isolate for 5 full 24hrs periods from entry and monitor for symptoms. If no symptoms discontinue on day 6 with negative test by testing centre. 		Self-monitor with no isolation requirements	
Symptomatic Traveller		Symptomatic Traveller	
 Positive Test Follow <u>Case Positive Cases</u> Algorithm See reporting below 	 Repeat test in 48hrs. If positive follow Positive Cases Algorithm. If negative and symptoms 	 Positive Test Follow Positive Cases Algorithm See reporting below 	 Repeat test in 48 hours. If positive follow Positive Cases Algorithm. If negative and symptoms
	 If negative and symptoms resolve with no fever (past 24hrs) person can discontinue isolation See reporting below 		resolve with no fever (past 24hrs) person can discontinue isolation See reporting below
 NOTE: If no IDNOW or RAT available: Continue to self-isolate for a further 48hrs. Can discontinue self-isolation on day 8 if no symptoms. If develop symptoms and refuse testing must do risk assessment to determine further isolation needs. 		No Symptoms RATs on days 1 and 4 for the following: Travel to remote communities Working/Volunteering with high risk population or setting (teachers, daycare workers, corrections, HCW, etc.) International travellers	

*Direction on their exemption letter may differ from this testing guidance. Note: some examples of person who do not need to isolate are:

- Those under 6 months with a fully vaccinated birth parent do not need to be vaccinated.
- Partially vaccinated children under 12 within 8 weeks from their first dose (day 1 and day 4 testing still needed).
- Those exempted by the CPHO for another reason.

Reporting: RAT= Client to ProtectNWT IDNOW/PCR= HCP to OCPHO

