



## MEDICAL ASSISTANCE IN DYING

### QUESTIONS AND ANSWERS FOR HEALTH CARE PROVIDERS

#### General Questions

##### **Q. What is medical assistance in dying?**

- Medical assistance in dying is one of a number of choices that can be considered in end-of-life care. It is a process where a medical practitioner or nurse practitioner ('Practitioner') helps a patient who wants to voluntarily and intentionally end their life by:
  - Administering a medication to the patient that will cause their death peacefully; or
  - Prescribing a medication that will cause their death peacefully. The patient may be able to take the medication themselves in the presence of a Practitioner.

##### **Q. What is the Central Coordinating Service and what does it do?**

- The Central Coordinating Service serves as a main point of contact for individuals, families, and health care professionals who have inquiries related to medical assistance in dying.
- The Central Coordinating Service is managed by the MAID Nurse Navigator, a Registered Nurse who can answer questions, provide resources, and facilitate access to Practitioners who are willing to assess, and if applicable, provide medical assistance in dying.
- Anyone can call the Central Coordinating Service, including a patient or a health care provider. Anyone, including a health care provider, can call the Central Coordinating Service on the patient's behalf.
- Contact information for the Central Coordinating Service is required to be provided to all patients who ask for information on medical assistance in dying.

#### **NWT Central Coordinating Service**

Toll-free at 1-833-492-0131

Monday - Friday: 9:00am - 5:00pm

Email: [maid\\_careteam@gov.nt.ca](mailto:maid_careteam@gov.nt.ca)

##### **Q. What is guiding how medical assistance in dying is provided in the NWT?**

- The *Medical Assistance in Dying Interim Guidelines for the Northwest Territories* ('Guidelines') guide the provision of medical assistance in dying in the NWT.
- The *Guidelines* adhere to the same eligibility criteria and safeguards as those set out in the *Criminal Code*.



## **Information for Health Care Providers**

### **Q. Am I being required to provide this service?**

- Practitioners and registered nurses are only required to provide the Central Coordinating Service's contact card to patients who request information on medical assistance in dying. They may also provide patients with an information package, but are not obligated to do so, nor are they required to discuss or review the information package with the patient.

### **Q. My patient is asking me about medical assistance in dying, but I am not comfortable answering questions or do not want to participate. What do I do?**

- You are not required to review any information with the patient, but you are required to provide the patient with the Central Coordinating Service's contact card. You may also provide the patient with an information package if you wish.
- The Central Coordinating Service will facilitate access to practitioners who are willing to provide information on medical assistance in dying or assess a patient, and if applicable, provide medical assistance in dying.

### **Q. I have received a request for medical assistance in dying, but I'm not comfortable being involved. What do I do?**

- Any Practitioner can refer a patient to the Central Coordinating Service or transfer the care of the patient to a willing Practitioner at any time in the medical assistance in dying process.
- If you have received any form of request for medical assistance in dying, whether verbal or written, and become aware that the patient has died from a cause other than medical assistance in dying within 90 days of the request, you must complete a **Form 9 – Death of Patient from Other Cause** in accordance with the *Medical Assistance in Dying Interim Guidelines for the Northwest Territories (Guidelines)*.

### **Q. Are Practitioners being trained on how to provide this service?**

- The Canadian Association of MAID Assessors and Providers has training options available to those involved in providing medical assistance in dying.
- The Canadian Medical Association has developed a training package that is available to medical practitioners.
- The Canadian Nurses Association has developed education resources for nurse practitioners.
- The Canadian Nurses Association has developed additional resources for registered nurses to support their practice.

**Q. Have drug protocols been developed for medical assistance in dying?**

- Yes, the *Medical Assistance in Dying Interim Medication Protocols for the Northwest Territories* ('*Medical Protocols*') is the NWT standard for all medical assistance in dying medications.
- The Protocol has been shared with Practitioners who have indicated their willingness to participate in providing the service. It is also available on the Department of Health and Social Services' Professionals webpage.
- The Protocol has also been shared with the pharmacists at Stanton Territorial Hospital, Inuvik Regional Hospital, and the Fort Smith Health and Social Services Centre.

**Q. I am a Nurse Practitioner. What is my role?**

- Nurse Practitioners are allowed to provide medical assistance in dying as long as it is provided in accordance with the *Guidelines*.

**Q. I am a Registered Nurse. What is my role?**

- Registered nurses are allowed to aid Practitioners in providing medical assistance in dying to a patient, as long as it is within their regular scope of practice. If you have questions about what is within your scope, please contact:

Registered Nurses Association of the Northwest Territories and Nunavut

Phone: 1(867) 873-2745

<https://www.rnantnu.ca>

**Q. Who can provide information on medical assistance in dying?**

- Social workers, psychologists, psychiatrists, therapists, medical practitioners, nurse practitioners, registered nurses, and other regulated health care professionals can provide information on medical assistance in dying.
- Information provided must be factual and should be limited to how medical assistance in dying may be an option for patients who meet the eligibility criteria and how the process for medical assistance in dying works in the NWT.
- The *Guidelines* include further advice on providing information to a patient to help differentiate between providing information and promoting (which is still an offence under the *Criminal Code*).



**Q. How can a health care professional ensure the line between “providing information” and “counselling” on medical assistance in dying is respected without impeding patient care?**

- The *Guidelines* include advice on providing information to a patient.
- The information must be factual, such as how medical assistance in dying is an option for people who meet the eligibility criteria, and how the process works, but it must not be recommended or encouraged.
- Professional associations have started providing training for their members, such as the Canadian Medical Association and Canadian Nurses Association.

**Q. Where can I go if I have more questions?**

- If you have any questions about medical assistance in dying, please refer to the *Guidelines* or contact your Area Medical Director.

**Information for Pharmacists**

**Q. I work in a retail pharmacy. What if I am provided with a prescription to dispense medical assistance in dying medications?**

- This should not occur. The *Guidelines* limit the dispensing of medical assistance in dying medications to pharmacies located in a hospital.
- If provided with a prescription to dispense medical assistance in dying medications from a retail pharmacy, you must notify the prescribing Practitioner of the error as well as the Medical Assistance in Dying Review Committee as soon as possible.

**Review Committee**

Department of Health and Social Services  
Government of the Northwest Territories

Phone: 1(867) 767-9062 ext. 49190  
Secure Fax: 1(867) 873-2315

**Q. What if a pharmacist is not willing to dispense the medications?**

- Every Practitioner and pharmacist has the right to conscientiously object from participating in medical assistance in dying.
- If a pharmacist objects, another pharmacist who is willing to dispense the medications will be asked to participate.
- Stanton Territorial Hospital is the storage facility for the required medications.



**Q: I'm a Pharmacy Technician. Can I dispense medical assistance in dying medications?**

- No, only Pharmacists are permitted to dispense medical assistance in dying medications.

**Additional Resources**

- Information for Patients and Families:  
<http://www.hss.gov.nt.ca/en/node/2030/>
- Questions and Answers for Patients and Families:  
<http://www.hss.gov.nt.ca/en/node/2031/>
- Medical Assistance in Dying Interim Guidelines for the Northwest Territories:  
<https://www.hss.gov.nt.ca/sites/hss/files/resources/maid-interim-guidelines.pdf>
- Medical Assistance in Dying forms:  
<https://www.hss.gov.nt.ca/professionals/en/services/medical-assistance-dying-maid>
- Medical Assistance in Dying Interim Medication Protocols for the Northwest Territories:  
<https://www.hss.gov.nt.ca/professionals/sites/professionals/files/resources/maid-interim-medication-protocols.pdf>
- Government of Canada resources:  
<https://www.canada.ca/en/health-canada/services/medical-assistance-dying.html>
- Canadian Association of MAID Assessors and Providers (CAMAP):  
[www.camapcanada.ca](http://www.camapcanada.ca)

If you would like this information in another official language, contact us at 1-855-846-9601. Si vous voulez ces renseignements dans une autre langue officielle, communiquez avec nous au 1-855-846-9601.