



## NWT Clinical Practice Information Notice

Upon receipt, please file this notice in **Section C, Clinical Practice Information Binder** for future reference.

The following clinical practice has been approved for use in the Northwest Territories Health and Social Services system, and has been distributed to:

X	Hospitals	X	Community Health Centres	X	Homecare	X	LTC	X	Pharmacists
X	Doctor's Offices	X	Social Services Offices	X	Public Health Units		Please list other(s):		

The information contained in this document is Departmental:

	Policy	<input checked="" type="checkbox"/>	Clinical Standard		Protocol		Procedure		Clinical Practice Guideline
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**Title:** [2025 Screening and Diagnosis of Type 2 Diabetes in Adults Clinical Practice Guidelines](#)

**Effective Date:** January 2, 2025

**Important:** CPI 187 will replace CPI #148- Updated NWT Type 2 Diabetes Screening and Diagnosis Clinical Practice Guidelines (January 2019)

**Statement of approved Clinical Practice:**

The Chief Public Health Officer is rescinding the NWT specific clinical practices guidelines for screening and diagnosing type 2 diabetes. It will be replaced by the Diabetes Canada Clinical Practice Guidelines *Screening and Diagnosis of Type 2 Diabetes in Adults* (2018); updated in the Quick Reference Guide 2024

These Quick Reference Guide provides specific guidance related to screening and diagnosis in the following sections:


- Annual risk factors assessment for type 2 diabetes with recommendations on screening requirements & frequency based on age or presence of risk factors
- Screening through fasting plasma glucose (FPG) or A1C with dysglycemia categorization
- A1C targets for glycemic management
- A1C target guidance at diagnosis of type 2 diabetes
- Guidance for specific high-risk populations
- Special considerations regarding pregnancy for women with type 1 or type 2 diabetes

These Diabetes Canada guidelines, as amended time to time, shall be used for screening and diagnosing of type 2 diabetes by all health care practitioners in the NWT, effective January 2025 and until further notice.

**Attachments:**

- <https://guidelines.diabetes.ca/GuideLines/media/Docs/cpg/Ch4-Screening-for-Diabetes-in-Adults.pdf>
- <https://guidelines.diabetes.ca/GuideLines/media/Docs/Quick%20Reference%20Guide/2024-CPG-Quick-Reference-Guide.pdf>

An electronic copy of this notice is also available on the Department of Health and Social Services public website at: <http://www.professionals.hss.gov.nt.ca/document-categories/clinical-practice-information-notices>

This clinical practice is approved.  January 2, 2025

Minister  Deputy Minister  Assistant Deputy Minister  Chief Public Health Officer