



NWT Clinical Practice Information Notice

Upon receipt, please file this notice in **Section C, Clinical Practice Information Binder** for future reference.

The following clinical practice has been approved for use in the Northwest Territories Health and Social Services system, and has been distributed to:

X	Hospitals	X	Community Health Centres	X	Homecare	X	LTC	X	Pharmacists
X	Doctor's Offices		Social Services Offices	X	Public Health Units		Please list other(s):		

The information contained in this document is a Departmental:

	Policy		Clinical Standard		Protocol		Procedure	X	Clinical Practice Guideline
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Title: [NWT Guidelines for the Use of Oseltamivir in Long Term Care Facilities](#)
Effective Date: March 14, 2025

Statement of approved Clinical Practice:

The Chief Public Health Office is providing guidance on the use of oseltamivir for treatment and prophylaxis of influenza during an outbreak in Long Term Care facilities. Highlights include:

- Routine use of antiviral prophylaxis of asymptomatic contacts outside an institutional outbreak is not recommended.
- Any resident who is placed on antiviral **prophylaxis** should be carefully monitored for the development of influenza-like (ILI) symptoms. If ILI symptoms develop during prophylaxis, the client should immediately be switched to antiviral **treatment** protocol so as not to create antiviral drug resistance.
- Early initiation of antiviral treatment for symptomatic eligible residents is critical for effective treatment.
- Oseltamivir is a MUST STOCK item as per the [NWT Primary Care Formulary](#)

Attachments:

- NWT Guidelines for the Use of Oseltamivir in Long Term Care Facilities: <https://www.hss.gov.nt.ca/professionals/sites/professionals/files/resources/guidelines-use-oseltamivir-long-term-care-facilities.pdf>

An electronic copy of this notice is also available on the Department of Health and Social Services public website at: <http://www.professionals.hss.gov.nt.ca/document-categories/clinical-practice-information-notices>.

This clinical practice is approved.

Acting CPHO

March 14, 2025

Minister Deputy Minister Assistant Deputy Minister Chief Public Health Officer