

# FluWatch



FluWatch is Canada's national surveillance system that monitors the spread of influenza and influenza-like illnesses (ILI).

FluWatch consists of 7 surveillance system components that provide a national picture of influenza activity in Canada:

- Geographic spread of influenza and ILI
- Lab-confirmed detections
- **Syndromic surveillance**
- Outbreak surveillance
- Severe outcomes surveillance
- Strain characterization and antiviral resistance testing
- Vaccine monitoring



## How does FluWatch's Syndromic Surveillance work?

### Sentinel Physician ILI Reporting System (SPIR)

### FluWatchers

#### Who can participate?



Physicians and nurses involved in primary care



Anyone over 18 who lives in Canada

#### What do they do?



Send FluWatch:

- total # of patients seen per week
- # of ILI cases seen per week



Answer a questionnaire each week that asks if they had cough or fever

#### Why is it important?



- **ACCURATE** picture of influenza in Canada



- **ACCURATE** picture of influenza in Canada **because not everyone can or will seek medical advice**



- **SHOWS** how influenza affects Canadians



- **SHOWS** Canadians where and when the flu is happening



- **DETECTS** flu outbreaks and epidemics



- **EARLY** warning if and when outbreaks happen

#### How can I sign up?

Sign up by sending us an email!

Email [phac.fluwatch.aspc@canada.ca](mailto:phac.fluwatch.aspc@canada.ca) to help track the flu with



Search "FluWatchers" to sign up on our website!

**Canada needs you to help track the flu!**

