



## NWT Clinical Practice Information Notice

Upon receipt, please file this notice in **Section C, Clinical Practice Information Binder** for future reference.

The following clinical practice has been approved for use in the Northwest Territories Health and Social Services system, and has been distributed to:

<input checked="" type="checkbox"/>	Hospitals	<input checked="" type="checkbox"/>	Community Health Centres	<input checked="" type="checkbox"/>	Homecare	<input checked="" type="checkbox"/>	LTC	<input checked="" type="checkbox"/>	Pharmacists
<input checked="" type="checkbox"/>	Doctor's Offices	<input checked="" type="checkbox"/>	Social Services Offices	<input checked="" type="checkbox"/>	Public Health Units		Please list other(s):		

The information contained in this document is Departmental:

<input type="checkbox"/>	Policy	<input checked="" type="checkbox"/>	Clinical Standard	<input type="checkbox"/>	Protocol	<input type="checkbox"/>	Procedure	<input type="checkbox"/>	Clinical Practice Guideline
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**Title:** [2024 NWT Breast Cancer Screening Clinical Practice Guidelines](#)

**Effective Date:** March 1, 2024

**Important:** CPI 186 will replace the CPI #117 NWT Breast Screening Guidelines (October 2013).

**Statement of approved Clinical Practice:**

The Chief Public Health Officer and NTHSSA Medical Director have approved and are recommending the implementation of the updated 2024 NWT Breast Cancer Screening Clinical Practice Guidelines as a standard of practice.

These guidelines have been updated to include the following changes:

- Average risk individuals begin screening at age 45.
- Lower screening age to individuals 45-74 years, and individuals between the ages of 40-44 discuss with their health care provider about risks and benefits of screening.
- Clarify and provide information to individuals about breast density and a move to BI-RADS categories for reporting.
- New risk stratification based on average is based on higher-than-average, and high-risk with distinct recommendations based on risk factors.

These 2024 Breast Cancer Screening guidelines, contain the approved clinical practice standard for the NWT, and supersede all previous Breast Cancer Screening guidelines.

**Attachments:**

NWT Breast Cancer Screening Guidelines

An electronic copy of this notice is also available on the Department of Health and Social Services public website at:

<https://www.hss.gov.nt.ca/professionals/sites/professionals/files/resources/nwt-breast-cancer-screening-clinical-practice-guidelines.pdf>

An electronic copy of this notice is also available on the Department of Health and Social Services public website at: <http://www.professionals.hss.gov.nt.ca/document-categories/clinical-practice-information-notices>.

This clinical practice is approved.  \_\_\_\_\_

Minister  Deputy Minister  Assistant Deputy Minister  Chief Public Health Officer