

811



**CALL 811 TO SPEAK WITH
A REGISTERED NURSE.**

Registered Nurses are available to help you.

The call is confidential, you can ask to remain anonymous,
and the service is available **24 hours a day, 7 days a week.**



Government of
Northwest Territories

CALL 811 TO GET SUPPORT FROM A REGISTERED NURSE FOR:

- Mental health
- Addictions recovery
- General health advice
- Help with quitting smoking or vaping
- Poison control

This service is confidential, available 24/7, and callers can choose to remain anonymous.

Language services available upon request, including Indigenous languages.

811 is not for emergencies. If you have an emergency, please call 911.



Visit www.gov.nt.ca/811 for more information.