

# 811

**CALL 811 TO SPEAK WITH  
A REGISTERED NURSE.**

**Registered Nurses are available to help you.**

The call is confidential, you can ask to remain anonymous,  
and the service is available **24 hours a day, 7 days a week.**



Government of  
Northwest Territories

# CALL 811 TO GET SUPPORT FROM A REGISTERED NURSE FOR:

- Mental health
- Addictions recovery
- General health advice
- Help with quitting smoking or vaping
- Poison control

This service is confidential, available 24/7, and callers can choose to remain anonymous.

Language services available upon request, including Indigenous languages.

*811 is not for emergencies. If you have an emergency, please call 911.*



Visit [www.gov.nt.ca/811](http://www.gov.nt.ca/811) for more information.