

Department of Health and Social Services COVID-19 UPDATE



Outcomes & Statistics | General Information



Some People are at **Higher Risk** of More Severe Disease or Outcomes of COVID-19 than Others. You May be at Higher Risk if You:

- Are an older adult, especially over 60 years
- Unvaccinated, partially vaccinated or have not received a booster
- Pregnant
- Moderately or severely immunocompromised
- Have any of the following conditions:
 - Received an organ transplant
 - Undergoing cancer treatment
 - High blood pressure
 - Heart disease
 - Lung Disease
 - Kidney Disease
- Liver disease
- Dementia
- Stroke
- Diabetes
- Live with obesity (Body Mass Index of 40 or more)

If you have symptoms of COVID-19 and are at higher risk or are unsure if you are at higher risk for severe outcomes speak with your healthcare provider for an assessment.

If You **Test Positive** for COVID-19

If you have symptoms for COVID-19 we recommend that you stay home and limit your contact with others. Consider for the next 10 days: wearing a mask while indoors, reducing your contacts (especially to vulnerable persons), physically distance from others, avoid high risk-activities and try to work alone if possible.

- if you test positive on an at-home test you do not require an in-person test
- if your symptoms are worrisome or you cannot manage your symptoms at home please visit your local health centre for an assessment. Treatments that reduce severe outcomes are available for those at higher risk. To be considered for treatment, assessment by a healthcare provider is needed
- Call **811** if you have non-urgent medical questions
- if you have difficulty breathing or any serious symptoms, please call **911**



For current recommendations on how to protect yourself and your communities please visit:

<https://www.hss.gov.nt.ca/en/services/covid-19/current-recommendations>

Number of Severe Outcomes from COVID-19 by Time Period and **Severe Outcome Type** in 2022



	January 1 st to March 31 st <i>(Public health restrictions still in place)</i>	April 1 st to August 31 st <i>(Public health restrictions lifted)</i>	September 1 st to December 14 th <i>(Public health restrictions lifted)</i>
Hospitalizations	44	35	15
ICU Admissions	10	4	3
Deaths	9	4	1
TOTAL	63	43	19

Severe Outcome Definition: Hospitalization, intensive care unit (ICU) admission, or death.

As of April 1, 2022, all NWT COVID-19 Public Health Orders have been lifted, however, COVID-19 infections in the Northwest Territories (NWT) are still occurring and will continue to occur for the foreseeable future. The Office of the Chief Public Health Officer (OCPHO) is monitoring incidence of severe outcomes of COVID-19, this report provides an overview of severe outcomes of COVID-19 in NWT from January 1, 2022 to December 14, 2022.

Total Severe Outcomes of Covid-19 by Month

JANUARY 2022 – MID-DECEMBER 2022

JAN	FEB	MAR	APR	MAY	JUN
22 TOTAL	26 TOTAL	15 TOTAL	15 TOTAL	7 TOTAL	3 TOTAL
JUL	AUG	SEP	OCT	NOV	DEC
8 TOTAL	10 TOTAL	5 TOTAL	3 TOTAL	5 TOTAL	6* TOTAL



*As of December 14th, 2022

63
SEVERE OUTCOMES
January 1st 2022 and March 31st 2022

~60%
WERE AGE 65 AND OLDER
January 1st 2022 and March 31st 2022

AVERAGE AGE WAS **61 YEARS OLD**

43
SEVERE OUTCOMES
April 1st and August 31st 2022

~72%
WERE AGE 65 AND OLDER
April 1st and August 31st 2022

AVERAGE AGE WAS **64 YEARS OLD**

19
SEVERE OUTCOMES
September 1st and December 14th 2022

~63%
WERE AGE 65 AND OLDER
September 1st and December 14th 2022

AVERAGE AGE WAS **66 YEARS OLD**



No major differences between males and females in either time period

There has been a **Decline** in the Number of Severe Outcomes from COVID-19 in NWT from the Start of the Year



Rate of Severe Outcomes from COVID-19 by **Sex** and Time Period per 10,000*

Male

Jan 1st – Mar 31st: **16.48**
Apr 1st – Aug 31st: **8.7**
Sept 1st – Dec 14th: **5.0**

Female

Jan 1st – Mar 31st: **13.34**
Apr 1st – Aug 31st: **7.82**
Sept 1st – Dec 14th: **3.67**



Rate of Severe Outcomes from COVID-19 by **Region Type** and Time Period per 10,000*

Region Type	January 1 st to March 31 st	April 1 st to August 31 st	September 1 st to December 14 th
Communities	18.01	2.4	2.37
Regional Hub	14.49	4.35	5.78
Yellowknife	14.45	14.95	4.65

Regional Hub = Behchoko, Fort Simpson, Fort Smith, Hay River, Inuvik, Norman Wells
Small communities = Aklavik, Colville Lake, Deline, Dettah, Enterprise, FGH, Fort Liard, Fort McPherson, Fort Providence, Fort Resolution, Fort Simpson, Gameti, Jean Marie River, Kakisa, Lutselk'e, Nahanni Butte, Paulatuk, Sachs Harbour, Sambaa K'e, Tsiigehtchic, Tuktoyaktuk, Tulita, Ulukhaktok, Wekweeti, Whati, Wrigley

Rate of Severe Outcomes from COVID-19 by **Vaccination Status** and Time Period per 10,000*

Vaccine Status	January 1 st to March 31 st	April 1 st to August 31 st	September 1 st to December 14 th
Unvaccinated	12.22	2.27	2.16
Partially Vaccinated	3.29	6.89	6.61
2 or more Vaccines	14.4	9.06	4.76

* All tables are severe outcome rate per 10,000 population NT residents

Rate of Severe Outcomes from COVID-19 by **Age Group** and Time Period per 10,000*

Age Group	Jan 1 st to Mar 31 st	Apr 1 st to Aug 31 st	Sept 1 st to Dec 14 th
0 to 4	23.74	0	3.76
5 to 14	0	3.5	0
15 to 29	1.13	3.4	0
30 to 49	3.06	0.76	0
50 to 64	18.23	4.56	6.89
65 to 79	45.18	42.67	25.16
80+	299.85	134.93	30.82

80+ Severe outcome rates are highest in the **older age group**, with the highest rates by far in the 80+.

There has been a **decrease in severe outcomes** across all regions from January to December 14th, 2022.



Rates of severe disease in those who have received two or more doses of vaccine are higher among than those unvaccinated/partially vaccinated, however the majority of the eligible NWT population has received at least two doses.

~77%

have completed a primary series (one or two doses depending on vaccine type, not including booster doses) by December 4th 2022. **~72%** of NWT residents had received two doses at the start of January 2022 which increased to **~76%** by August 14th 2022.