



DON'T MAKE YOUR LUNGS
A DUMPING GROUND



Vaping can increase your exposure to chemicals that could harm your health and cause lung damage.
Always consider the health consequences of vaping...



IF YOU THINK YOU MAY BE ADDICTED TO VAPING, TALK TO A HEALTH PROFESSIONAL, TEACHER, PARENT OR GUARDIAN TO GET HELP!

For more information on the harmful effects of vaping or if you or someone you know needs help quitting, please call:
1-800-661-0844 OR VISIT WWW.GOV.NT.CA/TABAC