Hey guys! Smokin' some weed? A talking raven! What did you put in that joint?

Hey! Check the time! It's 4:20! Time to smoke up!

The name's Roach and no thanks. Weed isn't for everyone. The only way to avoid all the health risks from cannabis is to avoid it.

Ummm... "Green out"?

What's so bad about weed? It's a plant, after all.

That doesn't mean it's healthy.

Oh yeah?

Start slow with a small amount and choose products with a low amount of THC - the chemical that makes you feel high, avoid higher THC or you may "green out"!

That means it makes some people sick, anxious and paranoid. People with mental health issues or family history of mental illness should steer clear.

Don't mix weed with alcohol - it's way too easy to overdo. It's definitely not safe!

Smoking weed harms your lungs. If you choose to smoke, take short shallow puffs and don't hold your breath.

Yeah sheesh! Thanks Roach, but I gotta go. Our car is parked a couple blocks away...

Take it easy. Don't ever drive high or get in a car if the driver is stoned... You're going to have to wait to drive after smoking that weed. Not to worry, I called you a cab.

I think we are picking up what you're putting down, roach!

Close call! Thanks for having our backs and thanks for the tips. Enjoy your garbage, errr... I mean dinner.