E-CIGARETTES
WHAT’S THE DEAL?

E-cigarettes work by **heating a liquid solution to produce a vapour** inhaled by the user. The liquid may contain nicotine (an addictive drug) and flavours.

- **At least 60 chemical compounds** are in e-liquids. The long-term effects of use are not known.
- They are less toxic than burning tobacco, but still contain **harmful chemicals**.

E-cigarettes now come in **many flavours** that may appeal to youth.

E-cigarette use is increasing among **high school students in Canada**

- 8.9 in 2015
- 14.6 in 2017

**Few users** know how much **nicotine** is in their e-cigarettes.

E-cigarettes are changing to **cool, high-tech looks**.

**ASK YOURSELF**

- **Why** would I want to be addicted to nicotine?
- **Who** benefits from my e-cigarette use?

**HINT**: Tobacco companies are buying up e-cigarette manufacturers.

Government of Northwest Territories