

Did you know?

Human Papilloma Virus (HPV) is a very common sexually transmitted infection. 3 out of 4 Canadians will be infected with an HPV virus in their lifetime. Most people will never know. There are many types of HPV; some are low-risk, some cause warts, and some are high-risk and can cause cancer.

Six types of cancer can be caused by HPV. This includes cancer of the cervix, the mouth and throat, the anus, the penis, the vagina and the vulva. Most people, with healthy immune systems, can clear HPV infections on their own - just like a cold or flu.

Unfortunately, some people who are infected with a high-risk, cancer-causing type of HPV over a long period of time, may not show any signs or symptoms until it starts to cause serious health problems.

There is no treatment for HPV – the body needs to get rid of the virus on its own.

The good news is that there is a vaccine.

The HPV vaccine teaches the body's immune system how to recognize and fight off the highest-risk HPV viruses. The HPV vaccine is free to anyone, from ages 9-26.

The HPV vaccine is cancer prevention.

Talk to your healthcare provider about immunization against HPV.

