

# NWT Mental Health & Addictions

Resource List

## COMMUNITY COUNSELLING PROGRAM



### Beaufort-Delta Region

Community	Phone Number	Fax Number
Aklavik	(867) 978-2941	(867) 978-2160
Fort McPherson	(867) 952-2245	(867) 952-2133
Inuvik	(867) 777-8101	(867) 777-8049
Paulatuk	(867) 580-3147	(867) 580-3300
Sachs Harbour (via Ulukhaktok)	(867) 396-3024	(867) 396-3221
Tsiigehtchic	(867) 953-3041	(867) 953-3043
Tuktoyaktuk	(867) 977-2511	(867) 977-2237
Ulukhaktok (Holman)	(867) 396-3024	(867) 396-3221

### Deh Cho Region

Community	Phone Number	Fax Number
Fort Liard	(867) 770-4770	(867) 770-4813
Fort Providence	(867) 699-3421	(867) 699-4626
Fort Simpson	(867) 695-6571 or (867) 695-6504	(867) 695-2364
Jean Marie River	(867) 695-6571 or (867) 695-6504	(867) 695-2364
Kakisa (via Fort Providence)	(867) 699-3421	(867) 699-4626
Nahanni Butte (via Fort Liard)	(867) 770-4770	(867) 770-4813
Sambaa K'e (via Fort Simpson)	(867) 695-6571 or (867) 695-6504	(867) 695-2364
Wrigley (via Fort Simpson)	(867) 695-6571 or (867) 695-6504	(867) 695-2364

January 2018



## Fort Smith Region

Community	Phone Number	Fax Number
Fort Smith	(867) 872-6310	(867) 872-2927

## Hay River Region

Community	Phone Number	Fax Number
Enterprise (via Hay River)	(867) 874-2446	(867) 874-3922
Hay River	(867) 874-2446	(867) 874-3922

## Sahtu Region

Community	Phone Number	Fax Number
Colville Lake (via Norman Wells)	(867) 587-3653	(867) 587-3436
Déłıne	(867) 589-5545	(867) 589-3031
Fort Good Hope	(867) 598-2059	(867) 598-2605
Norman Wells	(867) 587-3653	(867) 587-3436
Tulita	(867) 588-4019	(867) 588-4017

## Tlicho Region

Community	Phone Number	Fax Number
Behchokò	(867) 392-3005	(867) 392-3006
Gamètì (via Behchokò)	(867) 392-3005	(867) 392-3006
Wekweètì (via Behchokò)	(867) 392-3005	(867) 392-3006
Whatì	(867) 573-3042	(867) 573-3048

## Yellowknife Region

Community	Phone Number	Fax Number
Dettah/Ndilo	(867) 920-2925	(867) 873-8517
Fort Resolution	(867) 394-4291	(867) 394-3114
Lutselk'e	(867) 370-3331 or (867) 370-3119	(867) 370-3317
Yellowknife	(867) 767-9110	(867) 873-0487



## OTHER SUPPORTS

### NWT Help Line

Available 24 hours a day, 7 days a week. Call 1-800-661-0844

### Health & Social Services Website

Health and Social Services Website: A variety of resources can be located at [www.hss.gov.nt.ca](http://www.hss.gov.nt.ca) including information about getting help with addictions in the NWT. The Northwest Territories Help Directory can also assist you in locating a variety of community-based support.

### NWT Quitline

Available 24 hours a day, 7 days a week for smokers who want to quit. Call 1-866-286-5099.

Tree of Peace Friendship Centre: Addictions counselling and a community wellness program in Yellowknife for both youth and adults. Call 1-867-873-2864.

### Salvation Army

Provides a Withdrawal Management Program for adults who need managed social withdrawal from addictions. Call 1-867-920-4673.

### Yellowknives Dene First Nation

Provides addictions counselling in N'dilo and Detaah. Call 1-867-920-2925.

### Deninu Kue First Nation

Addictions counselling and community wellness in Fort Resolution. Call 1-867-394-4291.

### Tl'ooondih Healing Society

Mental health and addictions counselling services in Fort McPherson. Call 1-867-952-2025.

### Employee Assistance Program

Many employers in the NWT offer an employee assistance program that can provide confidential support and counselling to you without cost.

### YWCA NWT

Support for women experiencing family violence, emergency housing and after school programs. Call 1-867-920-2777.

### Centre for Northern Families

Support for women and their families. Call 1-867-873-2566.

*If you would like this information in another official language, contact us at 1-855-846-9601.*

*Si vous voulez ces informations dans une autre langue officielle, téléphonez-nous au 1-855-846-9601.*

