# **₹VOICE ₹CHOICE**

# HEALTHY RELATIONSHIPS



# PEER PRESSURE: Spreading rumours, gossiping, threatening tell secrets, encouraging peers to be mean to someone, bugging someone to do something they don't want to do Name calling, trying to embarrass the other PERSONNELL PROPERTY. ISOLATION/EHCLUSION: Not letting the other person be with friends or family. Wanting to keep the person all to themselves.

POWER

AND

embarrass the other person, putting them down, making them feel guilty

Bugging or threatening someone, or trying to get them drunk or high in order to get sexual contact.

# **SOCIAL STATUS:**

Trying to act like the boss of the other person because of their sex, gender, race, ethnicity, or religion.

# THREATS:

When one person tells the other person they are going to hurt themself or someone else if they don't do what they want.

# INTIMIDATION:

Trying to make the other person afraid. This could be threatening looks, throwing things, destroying property, showing weapons.

# MINIMIZE/ DENY/BLAME:

Acting like it's not a big deal, saying it never happened, or blaming the other person for "causing" abuse.