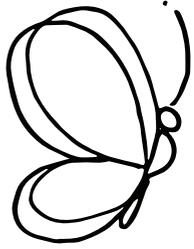


Be Kind
To Your Mind



I CAN'T BE
EVERYTHING TO
EVERYONE
IF I AM
NOTHING TO
MYSELF



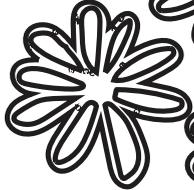
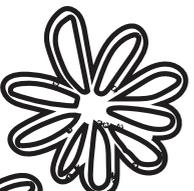
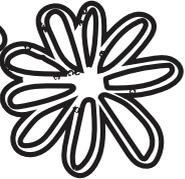


Do Not look at yourself
with DISGUST, you are

a Gift TO THIS

earth



I CARRY     
Strength
AND
Resilience
WITHIN ME. 