

Fluoride can  
make my teeth  
stronger?

Gimme that  
flouride!

- Noah, Fort Simpson

Fluoride comes  
in many different  
forms including  
toothpaste and  
fluoride varnish.

Better oral health starts  
at home. For tips, tricks  
and resources, visit

[www.gov.nt.ca/teeth](http://www.gov.nt.ca/teeth)

